

2021 Northern Tioga SAPpening Sap Run/Walk Saturday, March 27, 2021

****Rawley Park, Richford, NY****

8:30am-9:30am check in & "start"



Due to COVID-19, the Northern Tioga Chamber of Commerce has changed the venue for the Sap Run this year. To promote social distancing, the Run/Walk will not be a "mass start" as in the past. Instead, we will have people check in to pick up their goody bag and begin the run/walk immediately after they check in. This will allow family groups to stay together while also spreading out other participants. Everything will be **OUTDOORS**, so **DRESS for the WEATHER!!** (Includes boots of there is snow on the track.) **NOTE:** There will be **NO** bathrooms available at the track!! For more information, call 607-657-8674.



Registration Form

Please make check payable to: Northern Tioga Chamber

\$8 for All Ages

Mail form with check to: **SAP RUN** c/o NTCC, PO Box 295, Newark Valley,
NY 13811

Last Name: _____ First Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: (____) _____ Email: _____

Release Waiver: In consideration of the acceptance of my or my child's, entry in the SAP RUN,

I hereby make the following agreements: I know that walking or running in a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of the race coordinator relative to my ability to safely complete the run. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, effects of weather including cold, snow and/or ice, heat or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the SAP Run organizers, Northern Tioga Chamber of Commerce, from all claims and/or liabilities of any kind arising out of my or my child's participation in the event even though that liability may arise out of negligence or carelessness on the part of the persons names in this waiver.

Signature: _____ Date: _____

Parent Signature if under 18: _____ Date: _____

Register Online at:

www.northerntiogachamber.org/register-now.html